

DEAR KAYLA,

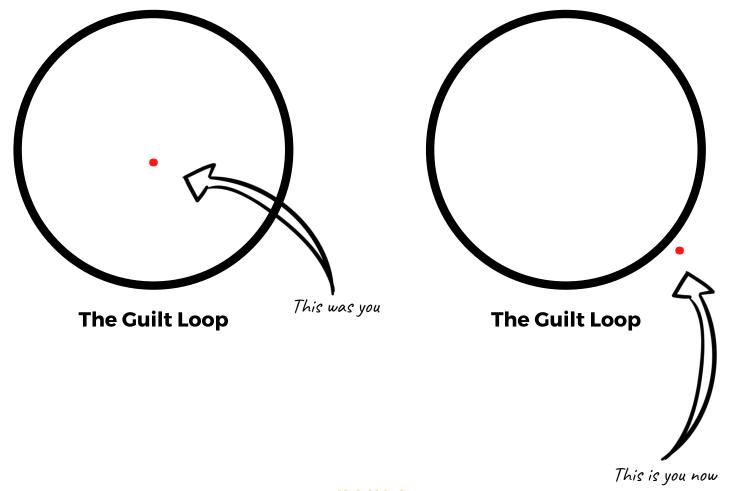
## FEELING IDENTIFIED?

THE PICTURE ABOVE IS AN ACTUAL REPRESENTATION OF THOSE WHOM SUFFER FROM THE GUILT LOOP SYNDROME. IF YOU COWARDLY RAISED YOUR HAND IDENTIFYING YOURSELF AS ONE OF THOSE (WE'VE ALL BEEN A VICTIM AT SOME POINT) THEN HELP US CUT YOU FREE FROM THIS CYCLE.

## YOUR ANSWER TO FREEDOM, LIVESTRONG







KAYLA,

CONGRATS FOR TAKING RESPONSIBILITY!! NOW THAT YOU IDENTIFIED YOURSELF AS ONE OF THE "VICTIMS" LETS GET YOU OUT OF THERE AS SOON AS POSSIBLE.

## FEATURED ITEMS

Here are some resources you'll need for cutting the loop!





YOU INITIALLY SUBSCRIBED TO OUR EMAILS FOR ADVICE AND TIPS ON HOW TO BREAK LOOSE FROM THE CYCLE. WE KNOW YOUR WINGS NEED SOME SAUCE ADD ON ONCE IN A WHILE BUT KNOW FOR A FACT THAT WHEN THERES NO MORE SPREAD LEFT, WE'LL BE HERE WAITING FOR YOU TO START AGAIN.

